

Warranty Information

Your SimplyMed product is warranted to be free from defects in materials and workmanship for one year from the date of purchase.

This device was built to exacting standards and carefully inspected prior to shipment. This warranty is an expression of our confidence in the quality and workmanship of our products to give assurances to the customer.

In the unlikely event your product develops a fault please contact your supplier / dealer immediately.

This warranty does not cover device failure due to owner misuse or non-observation of the instructions set out in this manual. This warranty does not extend to non-durable components, such as rubber ferrules that are subject to normal wear and tear conditions which need periodic replacements.



SimplyMed
shaping mobility

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SimplyMed

Gutter Frame

User and Safety Manual for:

SMM016
SMM017
SMM018
SMM018L



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Using the Gutter Platforms

To Use:

1. Face the open end of the frame.
2. Open all the velcro straps and undo both of the handgrip adjustment knobs (turn anti-clockwise).
3. Place one of your forearms centrally on the padded platform and adjust the handgrip so that it can be gripped comfortably. Now tighten the handgrip adjustment knob (turn clockwise).
4. Repeat this process for the other forearm unit.
5. Once again, rest your forearm on the padded platforms and hold the handgrips, using your free hand secure the velcro straps around your arm, ensuring your arm is secure and can slip in & out comfortably.
6. Repeat this process again for the other side.

After this process the user should be able to keep an upright posture with their elbows at right angles and their forearms resting on the padded platforms located on either side of the frame. In this way, body weight is taken through the frame by pushing down on the frame when walking.

All recommendations contained herein should be checked with your health professionals (such as occupational therapist or physiotherapist) before use. Their advice should take precedence over the information herein. A full assessment of the user and their specific requirement is required before a walking frame is selected.

WARNING: When using a non-wheeled walking frame the legs should be set to the same height. When adjusting frames fitted with wheels it is advisable to set the rear legs one position higher than the front wheels. This is to compensate for the increased height of the wheels at the front which can adversely affect the stability of the frame and the slope of the handles.

Seek advice from a Physiotherapist or Occupational Therapist on adjusting the walker to the correct height.

Using the Walker

When the frame is adjusted correctly the user should be able to maintain an upright posture with the elbow slightly flexed in this way, body weight is taken through the frame by pushing down on the frame when walking.

If using with a chair, ensure the chair has arms and a high seat.

Take care when storing or carrying the walker to avoid damage, In the event of an accident the walker should be inspected before use.

Walking

- Place the walker one step ahead and place all four legs on the floor.
- Step forward with the worst affected leg first, then bring the second leg forward level or just past the first. Do not step too far in to the frame.
- For wheeled walkers push the walker a short distance ahead then step forward with the worst affected leg leading.

Safety Advice

Apply the following precautions before use:

Ensure all the legs on the walker are set to equal heights and that this is the correct height for the user.

Also ensure the brass push buttons are securely locked in the leg positions.

Ensure the ferrules have sufficient grip and beware of slippery surfaces such as wet floors, wet leaves etc. Remove or be aware of any obstacles on the floor in your path.

Do not store in sub-zero temperatures.

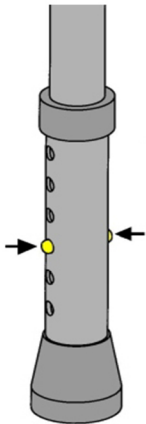
Never exceed the user weight limit of 160kg (25 Stone)

Height Adjustment

The height of the walker should be adjusted to suit each user for safety and comfort.

How to adjust the height:

1. Push in the brass buttons on each side of the walker.
2. Extend or retract the leg to your desired height.
3. When the desired height is reached release the brass buttons until they lock into position.
4. Repeat for the other legs, ensuring all legs are securely locked in position and all adjusted to the same height.



Care and Maintenance

The walker should be regularly inspected for signs of damage or general wear and tear. We recommend that you should periodically check for elongated or stressed adjustment holes, including any bends or cracks in the tube joints. Also check for loose or worn handles and any loose or unscrewed fasteners.

Also check for smooth, worn or split ferrules.

Replacement ferrules are available from SimplyMed. Our stock code is SMM055 (25mm Z Type).

The walker should be cleaned regularly with a damp cloth and mild disinfectant before use. Bleach or solvents must not be used.

Product Specification

Code	Desc	Size	Height Range
SMM016	GUTTER	SMALL	810 - 885mm
SMM017	GUTTER	MEDIUM	900 - 975mm
SMM018	GUTTER	LARGE	1000 - 1075mm
SMM018L	GUTTER	X LARGE	1200 - 1275mm

Our walkers are constructed from strong lightweight aluminium and fitted with plastic or PVC handgrips.

The weight limit for all walkers is 160kg (25 Stone)

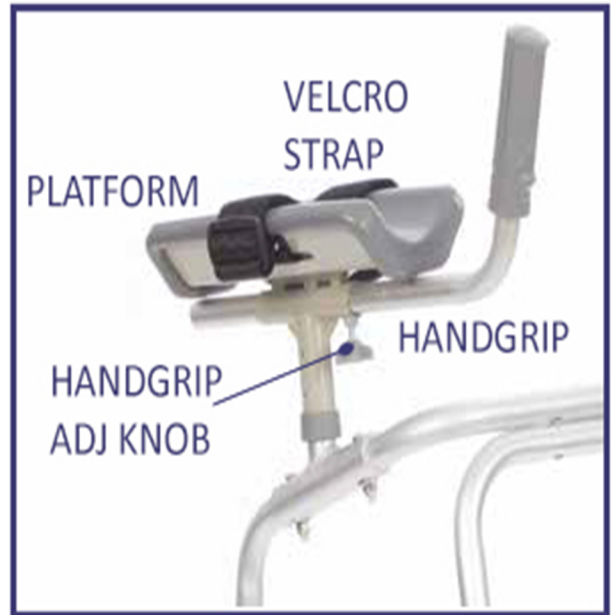
Conforms to The Medical Device Directive 93/42/EEC 1993

Overview

Introduction

The SimplyMed gutter forearm frame with wheels is intended for use by persons with disabilities or difficulty in walking but who are capable of mobilising themselves. Our product is ideal for some users who do not have the dexterity to use a normal grab handle.

The different parts of the gutter platform are shown below.



Instructions on using and adjusting the gutter frame platforms are shown overleaf.



Glide Discs

Our wheeled walkers have the option to fit glide discs to help users walk on surfaces like carpet. These should only be used on suitable indoor surfaces.

To install the glide discs push the disk firmly on the bottom rear of the ferrules as shown. We recommend that you consult your healthcare professional before using.

Our stock code is SMGD002 (pair)

Using with Chairs

1. Position the frame in front of the chair.
2. Get up by pushing on the arms of the chair and transfer your hand to the frame when fully standing.
3. To sit down, using the frame, turn round in front of the chair and feel the chair behind you with your legs.
4. Place hands gently on the chair arms, bend slightly forward and sit down gently.

All recommendations contained herein should be checked with your health professionals (such as occupational therapist or physiotherapist) before use. Their advice should take precedence over the information herein. A full assessment of the user and their specific requirement is required before a walking frame is selected.